

**Preliminary Amendment of U.S. National Stage for International Application
PCT/EP2004/003558 filed April 3, 2004**

In the Claims:

Please cancel claims 1-11, without prejudice, and add new claims 12-24, in accordance with the following complete listing of all claims ever presented. This listing of claims replaces all prior versions, and listings, of the claims in the instant application:

Listing of Claims:

Claims 1-11 (Canceled)

12. (New): A composition for oral administration comprising:
 - (a) a physiologically active fatty acid containing about 16 to 26 carbon atoms and about 2 to 6 double bonds, and esters or glycerides thereof; and
 - (b) an oligomeric proanthocyanidin or a plant extract containing said proanthocyanidin.
13. (New): The composition of claim 12, wherein component (a) is a conjugated linoleic acid and esters or glycerides thereof.
14. (New): The composition of claim 13, wherein the conjugated linoleic acid contains at least 30% by weight t10,c12 isomers, at least 30% by weight c9,t11 isomers and less than 1% by weight 8,10-, 11,13- and t,t-isomers.
15. (New): The composition of claim 12 wherein component (a) is an omega-3 fatty acid.
16. (New): The composition of claim 12 wherein the oligomeric proanthocyanidin is of the A2 type of proanthocyanidin.
17. (New): The composition of claim 12 wherein the plant extract of component (b) is selected from the group of plants consisting of *Camellia sinensis*, *Pinia silvestris*, *Vitis vinifera*, *Litchi chinensis*, *Potentilla erecta* and mixtures thereof.
18. (New): The composition of claim 12 wherein components (a) and (b) are present in a ratio

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by weight of from about 90:10 to 10:90.

19. (New): The composition of claim 18 wherein components (a) and (b) are present in a ratio by weight of from about 60:40 to 40:60.
20. (New): The composition of claim 12 which is provided in an encapsulated form.
21. (New): The composition of claim 20 which is provided in a microencapsulated form.
22. (New): A method of using a composition for oral administration, which method comprises incorporating into a food product said composition as an additive, which composition comprises:
 - (a) a physiologically active fatty acid containing about 16 to 26 carbon atoms and about 2 to 6 double bonds, and esters or glycerides thereof; and
 - (b) an oligomeric proanthocyanidin or a plant extract containing said proanthocyanidin.
23. (New): The method of claim 22 wherein the food product is for reducing body fat in a mammal.
24. (New): The method of claim 22 wherein the food product is for regulating the moisture content of skin.